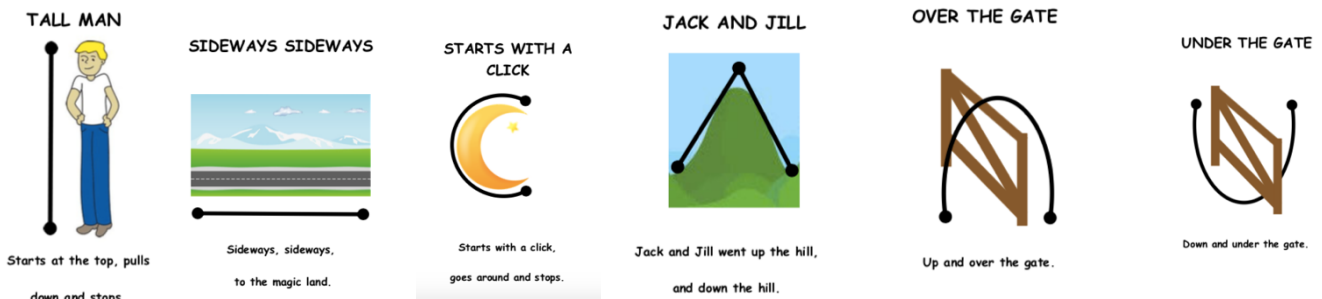


Getting me ready to write!

Peggy Lego



Name: _____

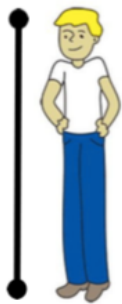
Peggy Lego

Pre Writing patterns

The Peggy Lego prewriting patterns, break down letters into seven pencil movements. Generally the Peggy Lego program includes a story for each pattern, a gross motor activity, a sensory / tactile activity, a fine motor activity and then finally the writing activity. Here are the pencil movements required, along with the verbal cue you provide when writing the shape. It is ideal to start with the Tall man shape and then progress onto Sideways Sideways, Starts with a Click, Jack and Jill, Under the Gate and Over the Gate.

Children should be consolidating these shapes by the end of kindy, so they are ready to translate them into letters as they enter preprimary.

TALL MAN



Starts at the top, pulls
down and stops.

SIDEWAYS SIDEWAYS



Sideways, sideways,
to the magic land.

**STARTS WITH A
CLICK**



Starts with a click,
goes around and stops.

JACK AND JILL



Jack and Jill went up the hill,
and down the hill.

UNDER THE GATE



Down and under the gate.

OVER THE GATE



Up and over the gate.

Gross motor	
Sensory based	
Consistent verbal cues	
Consistent visual cues	



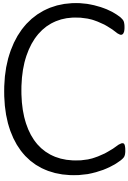
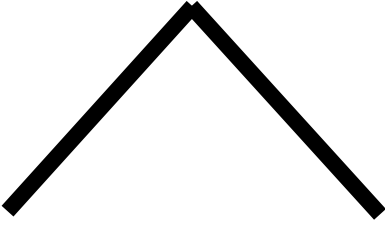


Remember! Start teaching the child the movement with their whole body (gross motor), then draw it in sand or rice (sensory), use the consistent verbal cues and give them a clear example of what the shapes looks like

Writing Reflection



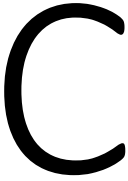
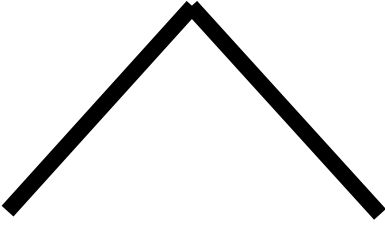


Before I started	After I finished
I am really good at drawing these shapes:	I am really good at writing these shapes
I need to practice these shapes:	I need to practice these shapes
My goal for letters:	Did I achieve my goal? <ul style="list-style-type: none">● For sure!● Still trying!

Use the next sheet to see how many shapes you can copy, before you do the book, and how many you can do when you are finished!

Name

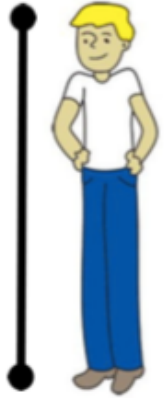
Name





Have I checked my writing?

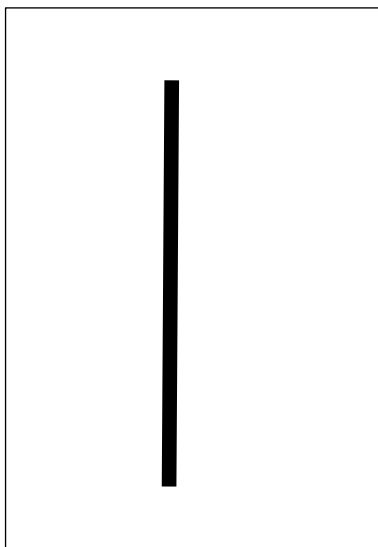
I can do better	I did great
 <p data-bbox="204 703 703 763">I didn't warm up my body</p>	 <p data-bbox="951 703 1369 763">I warmed up my body</p>
 <p data-bbox="233 1039 671 1099">My fingers aren't ready</p>	 <p data-bbox="887 1039 1433 1099">My writing fingers are ready</p>
 <p data-bbox="336 1335 572 1395">Slumped over</p>	 <p data-bbox="994 1335 1326 1395">Sitting up straight</p>
 <p data-bbox="213 1576 695 1671">Not holding pencil properly Elbow or wrist not on table</p>	 <p data-bbox="943 1576 1374 1671">Holding pencil properly Elbow and wrist on table</p>
<p data-bbox="165 1738 743 1854">Highlight the shape you can do better in pink</p>	<p data-bbox="847 1738 1469 1854">Highlight the shape you drew the best in green</p>

TALL MAN



Starts at the top, pulls
down and stops.


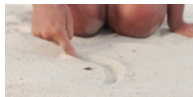


Gross motor		<p>Draw the shape in the air</p> <p>Reach up tall and pull down to the ground</p> <p>Get a "magic wand" and draw down the door frame</p> <p>Get a ribbon, reach up high, pull it down fast to the ground</p>
Sensory based		<p>Draw the shape in sand</p> <p>Draw the shape in rice</p> <p>Draw the shape in shaving cream</p>
Consistent verbal cues		<p>Say the rhyme, listen to the rhyme, say the rhyme together</p> <p>Say the rhyme together whilst doing the gross motor action</p>
Consistent visual cues		<p>Have a picture of the shape</p> <p>Point to the shape</p> <p>Say the rhyme for the shape</p>

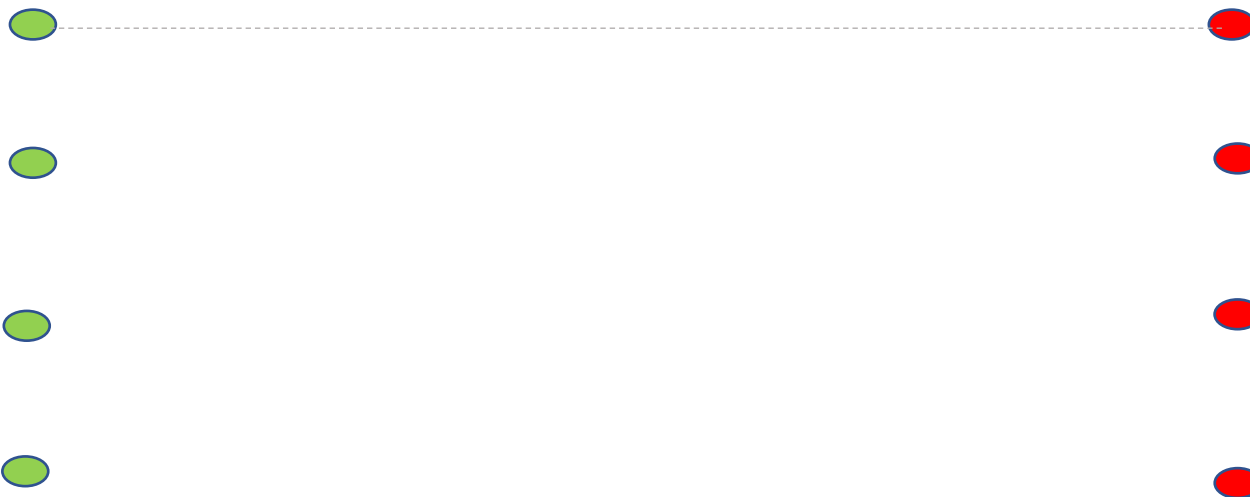
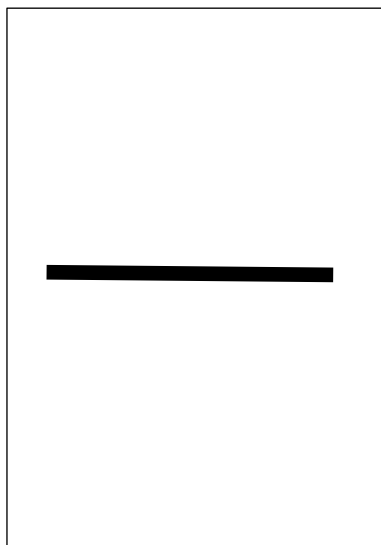


SIDEWAYS SIDEWAYS



Sideways, sideways,
to the magic land.


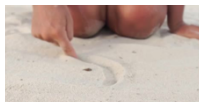


Gross motor		Draw the shape in the air Walk sideways sideways on a rope Walk along a balance beam Walk sideways along the back of a couch
Sensory based		Draw the shape in sand Draw the shape in rice Draw it with your finger on a steamy shower screen
Consistent verbal cues		Say the rhyme, listen to the rhyme, say the rhyme together Say the rhyme together whilst doing the gross motor action
Consistent visual cues		Have a picture of the shape Point to the shape Say the rhyme for the shape

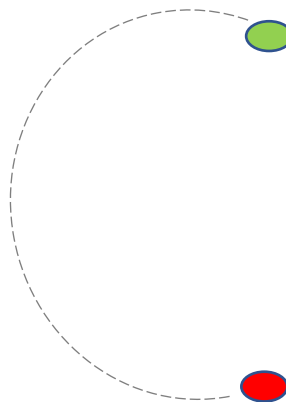
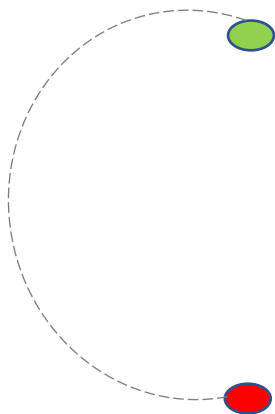
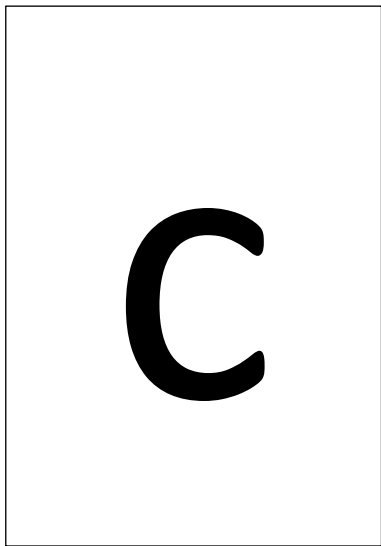


STARTS WITH A
CLICK



Starts with a click,
goes around and stops.


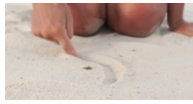


Gross motor		Draw the shape in the air Turn in a circle whilst holding a hula hoop, listen for the stop! Use a paper plate and pretend you are turn the wheel of a car, listen for the stop! Spread arms out wide and turn like a windmill
Sensory based		Draw the shape in sand Draw the shape in rice Draw it on your hand, with the pointer finger of your opposite hand
Consistent verbal cues		Say the rhyme, listen to the rhyme, say the rhyme together Say the rhyme together whilst doing the gross motor action
Consistent visual cues		Have a picture of the shape Point to the shape Say the rhyme for the shape

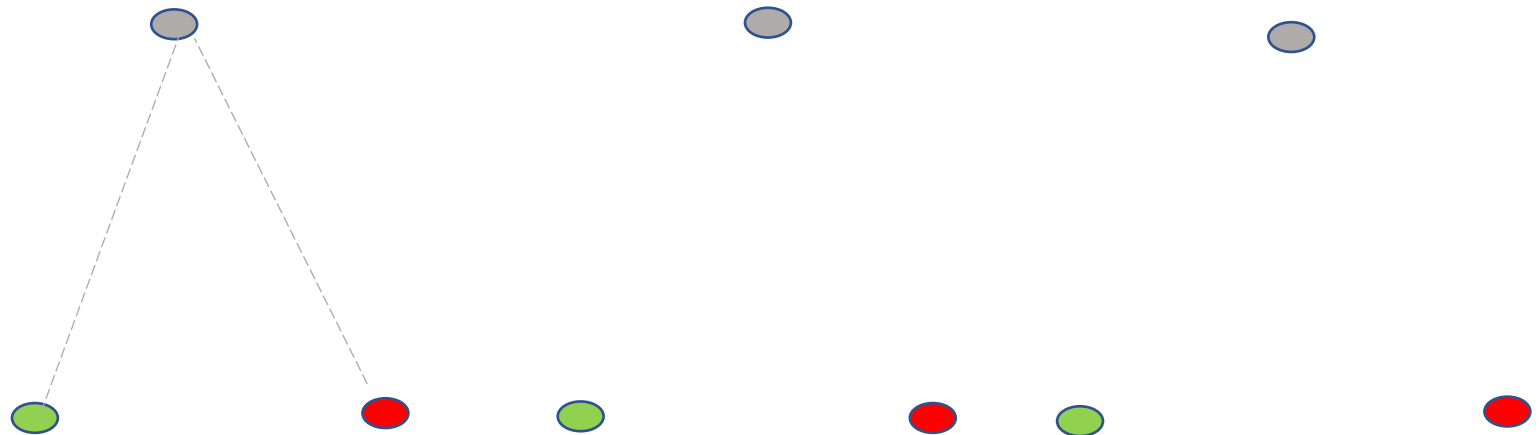
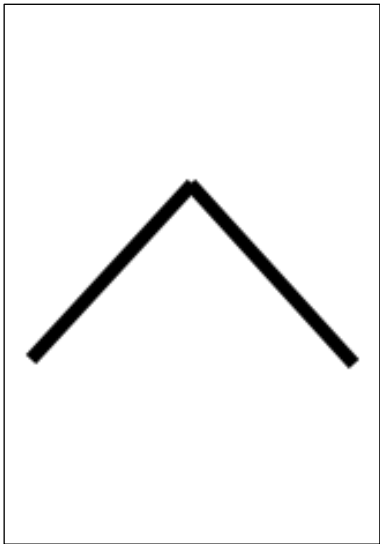


JACK AND JILL



Jack and Jill went up the hill,
and down the hill.

Gross motor		<p>Draw the shape in the air</p> <p>Climb up a small ladder and then climb down the ladder</p> <p>Use a climbing frame at the playground</p> <p>Build a cushion hill - climb up the hill and down the hill</p>
Sensory based		<p>Draw the shape in sand</p> <p>Draw the shape in rice</p> <p>Draw the shape on a friend's back</p>
Consistent verbal cues		<p>Say the rhyme, listen to the rhyme, say the rhyme together</p> <p>Say the rhyme together whilst doing the gross motor action</p>
Consistent visual cues		<p>Have a picture of the shape</p> <p>Point to the shape</p> <p>Say the rhyme for the shape</p>



UNDER THE GATE



Down and under the gate.

OVER THE GATE



Up and over the gate.

Gross motor



Set up an obstacle course of chairs and tables, over the chair and under the table
Use a broom, go down and under the broom handle and then up and over the broom handle

Sensory based



Draw the shape in sand
Draw the shape in rice
Draw the shape on the caret with your pointer finger

Consistent verbal cues



Say the rhyme, listen to the rhyme, say the rhyme together
Say the rhyme together whilst doing the gross motor action

Consistent visual cues



Have a picture of the shape
Point to the shape
Say the rhyme for the shape

