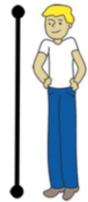


Find more information on
Lil' Peeps OT YouTube
channel - just search
Peggy Lego

Getting me ready to write!

Peggy Lego

TALL MAN



Starts at the top, pulls
down and stops.

SIDEWAYS SIDEWAYS



Sideways, sideways,
to the magic land.

STARTS WITH A CLICK



Starts with a click,
goes around and stops.

JACK AND JILL



Jack and Jill went up the hill,
and down the hill.

OVER THE GATE



Up and over the gate.

UNDER THE GATE



Down and under the gate.

Name: _____

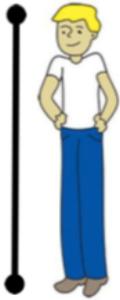
Peggy Lego

Pre Writing patterns

The Peggy Lego prewriting patterns, break down letters into seven pencil movements. Generally the Peggy Lego program includes a story for each pattern, a gross motor activity, a sensory / tactile activity, a fine motor activity and then finally the writing activity. Here are the pencil movements required, along with the verbal cue you provide when writing the shape. It is ideal to start with the Tall man shape and then progress onto Sideways Sideways, Starts with a Click, Jack and Jill, Under the Gate and Over the Gate.

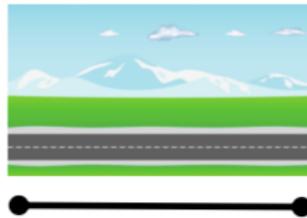
Children should be consolidating these shapes by the end of kindy, so they are ready to translate them into letters as they enter preprimary.

TALL MAN



Starts at the top, pulls
down and stops.

SIDEWAYS SIDWAYS



Sideways, sideways,
to the magic land.

STARTS WITH A CLICK



Starts with a click,
goes around and stops.

JACK AND JILL



Jack and Jill went up the hill,
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UNDER THE GATE



Down and under the gate.

OVER THE GATE



Up and over the gate.

Gross motor	
Sensory based	
Consistent verbal cues	
Consistent visual cues	

Remember! Start teaching the child the movement with their whole body (gross motor), then draw it in sand or rice (sensory), use the consistent verbal cues and give them a clear example of what the shapes looks like

Writing Reflection

Before I started	After I finished
I am really good at drawing these shapes:	I am really good at writing these shapes
I need to practice these shapes:	I need to practice these shapes
My goal for letters:	Did I achieve my goal? <ul style="list-style-type: none">● For sure!● Still trying!

Use the next sheet to see how many shapes you can copy, before you do the book, and how many you can do when you are finished!

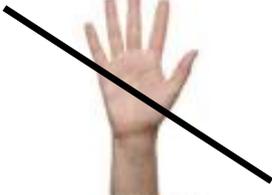
Name

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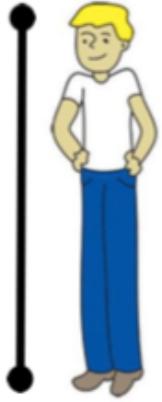
Name _____

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Have I checked my writing?

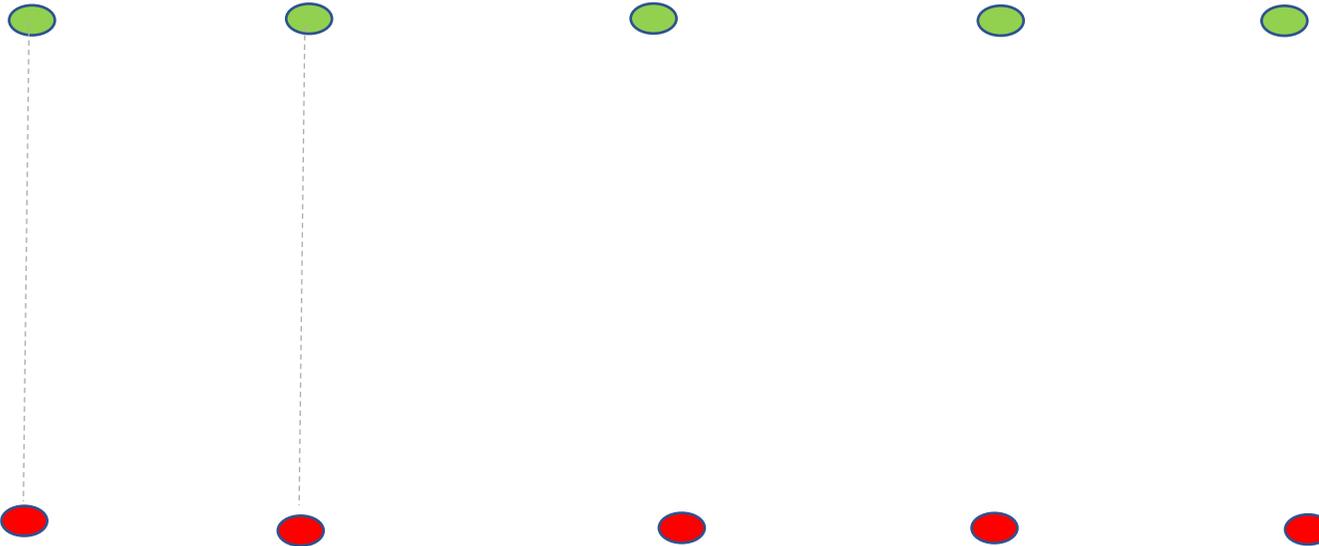
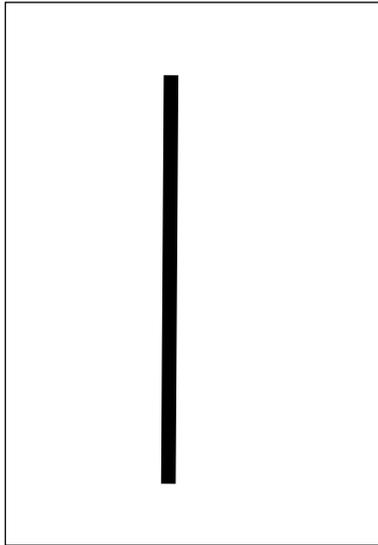
I can do better	I did great
 <p>I didn't warm up my body</p>	 <p>I warmed up my body</p>
 <p>My fingers aren't ready</p>	 <p>My writing fingers are ready</p>
 <p>Slumped over</p>	 <p>Sitting up straight</p>
 <p>Not holding pencil properly Elbow or wrist not on table</p>	 <p>Holding pencil properly Elbow and wrist on table</p>
<p>Highlight the shape you can do better in pink</p>	<p>Highlight the shape you drew the best in green</p>

TALL MAN



Starts at the top, pulls
down and stops.

<p>Gross motor</p>		<p>Draw the shape in the air Reach up tall and pull down to the ground Get a "magic wand" and draw down the door frame Get a ribbon, reach up high, pull it down fast to the ground</p>
<p>Sensory based</p>		<p>Draw the shape in sand Draw the shape in rice Draw the shape in shaving cream</p>
<p>Consistent verbal cues</p>		<p>Say the rhyme, listen to the rhyme, say the rhyme together Say the rhyme together whilst doing the gross motor action</p>
<p>Consistent visual cues</p>		<p>Have a picture of the shape Point to the shape Say the rhyme for the shape</p>

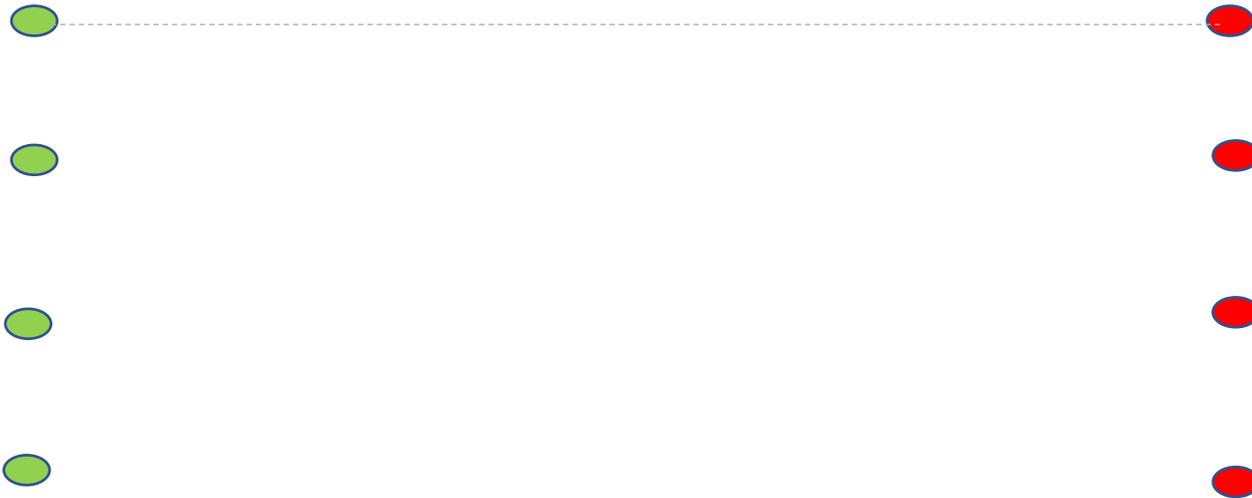
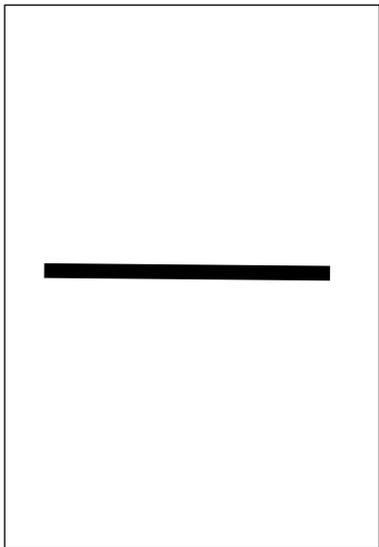


SIDEWAYS SIDEWAYS



Sideways, sideways,
to the magic land.

<p>Gross motor</p>		<p>Draw the shape in the air Walk sideways sideways on a rope Walk along a balance beam Walk sideways along the back of a couch</p>
<p>Sensory based</p>		<p>Draw the shape in sand Draw the shape in rice Draw it with your finger on a steamy shower screen</p>
<p>Consistent verbal cues</p>		<p>Say the rhyme, listen to the rhyme, say the rhyme together Say the rhyme together whilst doing the gross motor action</p>
<p>Consistent visual cues</p>		<p>Have a picture of the shape Point to the shape Say the rhyme for the shape</p>

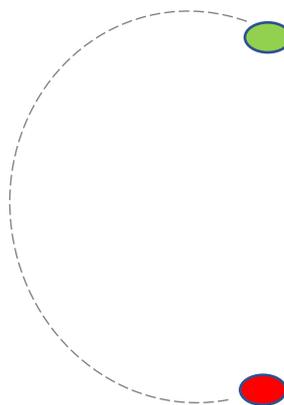
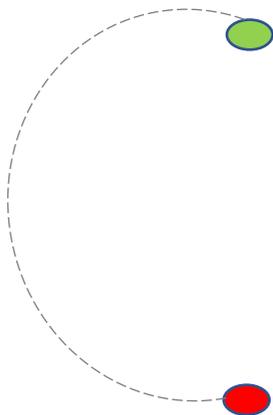
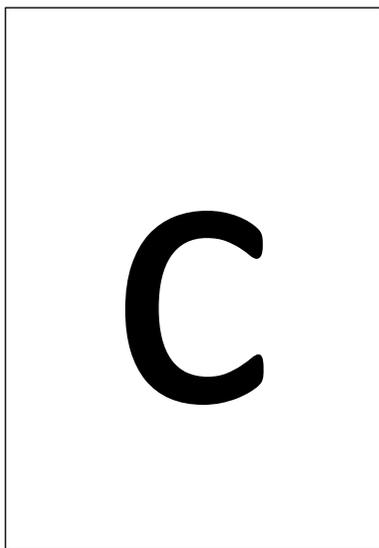


STARTS WITH A
CLICK

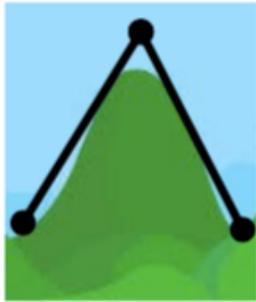


Starts with a click,
goes around and stops.

<p>Gross motor</p>		<p>Draw the shape in the air Turn in a circle whilst holding a hula hoop, listen for the stop! Use a paper plate and pretend you are turn the wheel of a car, listen for the stop! Spread arms out wide and turn like a windmill</p>
<p>Sensory based</p>		<p>Draw the shape in sand Draw the shape in rice Draw it on your hand, with the pointer finger of your opposite hand</p>
<p>Consistent verbal cues</p>		<p>Say the rhyme, listen to the rhyme, say the rhyme together Say the rhyme together whilst doing the gross motor action</p>
<p>Consistent visual cues</p>		<p>Have a picture of the shape Point to the shape Say the rhyme for the shape</p>

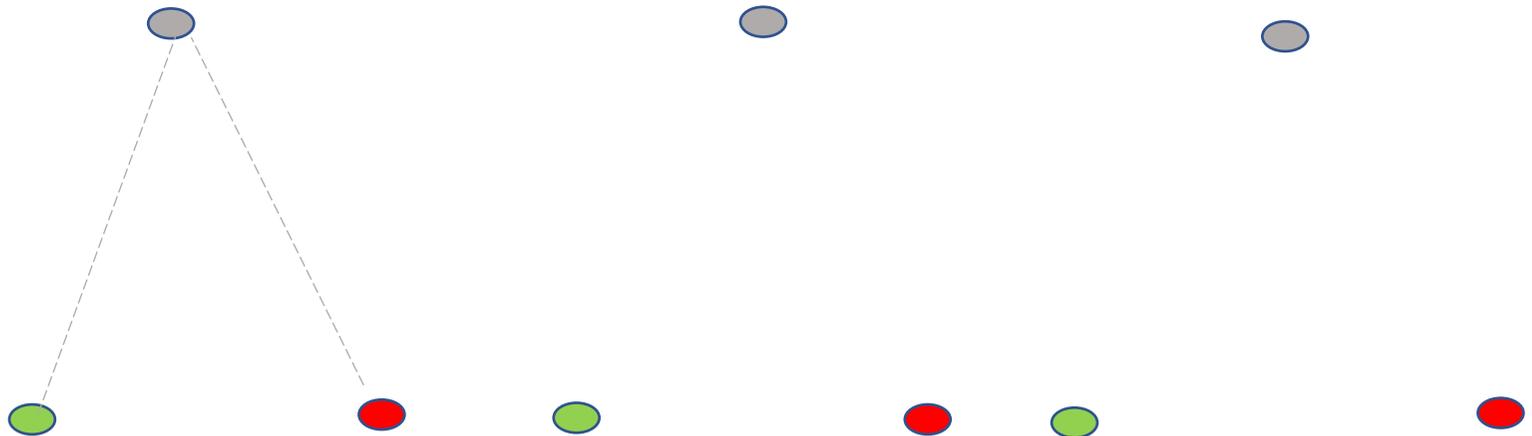
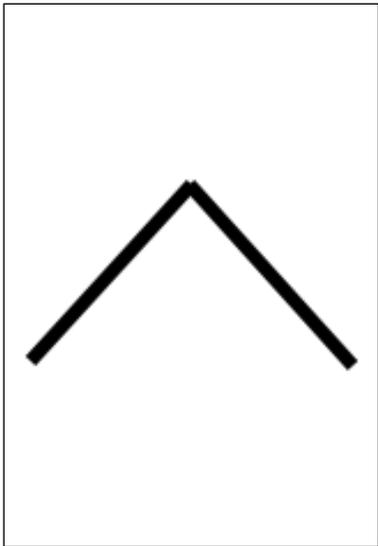


JACK AND JILL



Jack and Jill went up the hill,
and down the hill.

<p>Gross motor</p>		<p>Draw the shape in the air Climb up a small ladder and then climb down the ladder Use a climbing frame at the playground Build a cushion hill - climb up the hill and down the hill</p>
<p>Sensory based</p>		<p>Draw the shape in sand Draw the shape in rice Draw the shape on a friends back</p>
<p>Consistent verbal cues</p>		<p>Say the rhyme, listen to the rhyme, say the rhyme together Say the rhyme together whilst doing the gross motor action</p>
<p>Consistent visual cues</p>		<p>Have a picture of the shape Point to the shape Say the rhyme for the shape</p>



UNDER THE GATE



Down and under the gate.

OVER THE GATE



Up and over the gate.

Gross motor		Set up an obstacle course of chairs and tables, over the chair and under the table Use a broom, go down and under the broom handle and then up and over the broom handle
Sensory based		Draw the shape in sand Draw the shape in rice Draw the shape on the caret with your pointer finger
Consistent verbal cues		Say the rhyme, listen to the rhyme, say the rhyme together Say the rhyme together whilst doing the gross motor action
Consistent visual cues		Have a picture of the shape Point to the shape Say the rhyme for the shape

