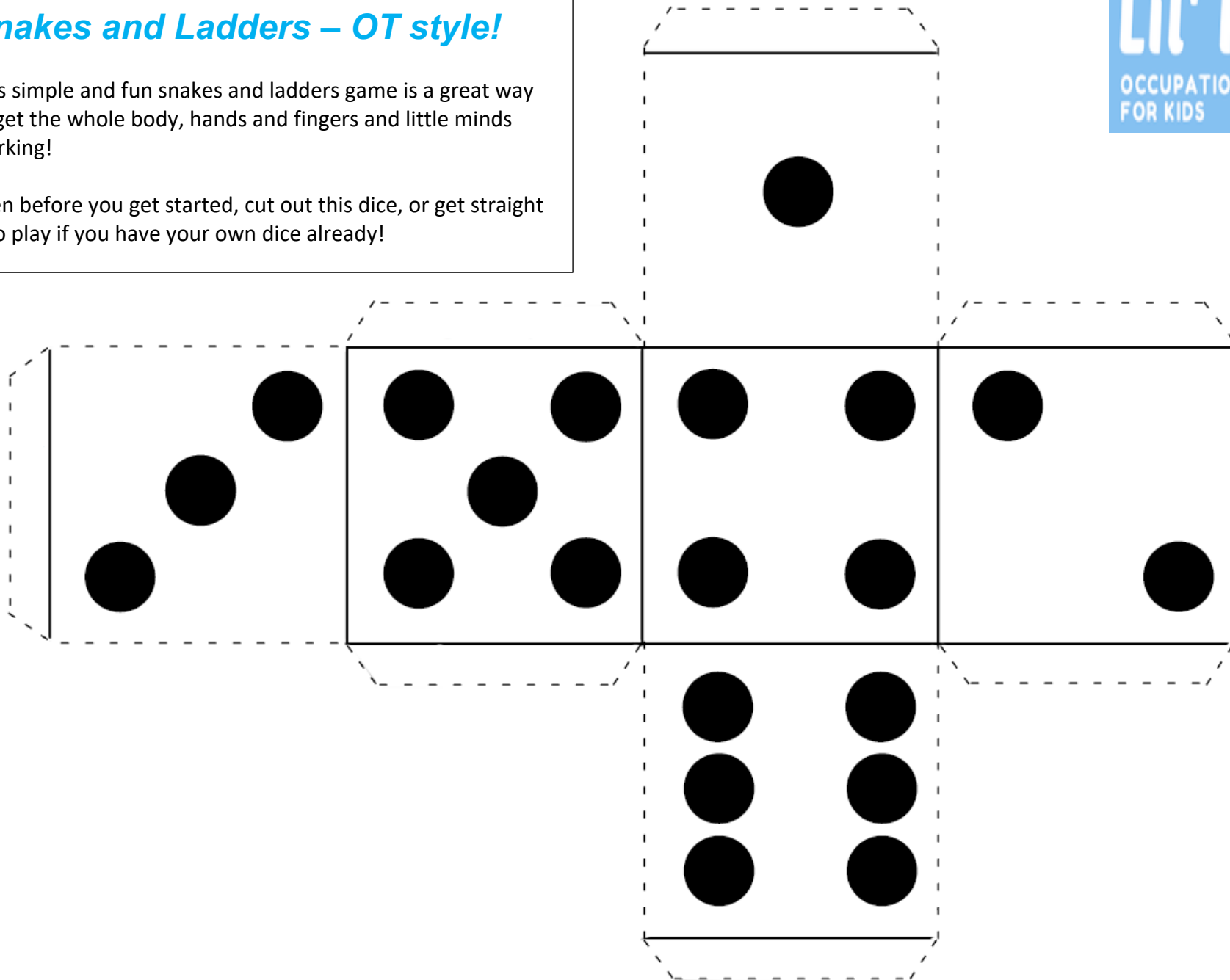


Snakes and Ladders – OT style!

This simple and fun snakes and ladders game is a great way to get the whole body, hands and fingers and little minds working!

Even before you get started, cut out this dice, or get straight into play if you have your own dice already!



26. Play Baby Shark and do the moves!	27. Use the key to lock/unlock the front door	28. Show off your best pencil grip	29. Commando crawl from your bedroom to the bathroom, otherwise go down the SNAKE	30. Help fold three items of your clothing
25. Whoever makes the highest tower out of blocks/leggo in 60 seconds goes up the LADDER	24. Have a 'plank-off' with your partner, go down the SNAKE if you don't win	23. Go outside and water one plant	22. Write and finish this sentence "my favourite food is...."	21. Crab walk around the couch
16. Sing head shoulders knees and toes with the actions	17. Choose a word and have all players make the letter out of playdoh	18. Take your washing to the hamper using tongs	19. Dolphin roll race with other player, go up the LADDER if you win	20. Do the floss dance and sing twinkle twinkle little star at the same time
15. Duck waddle from the couch to the TV	14. Help hang two items of washing out on the line	13. Cobra pose for 20 seconds, if less go down the SNAKE	12. All players make a paper plane and have a race to see who can fly theirs the furthest	11. Have a crab nipper war— whoever breaks the others grip goes up the LADDER
6. Play a game of scissor paper rock, if you win go up the LADDER	7. Help set the table for dinner	8. Take a break! Pencil pine pose for 30 seconds!	9. Kangaroo jump from the kitchen to the loungeroom	10. Stand back to back and link arms, first person to lift the other off the ground goes up the LADDER
5. Sing the incy wincy spider song with hand actions	4. Do 5 push-ups and 5 star jumps	3. Do a Bear walk around the living room	2. Write your name using your pointer finger in the air	1. START 